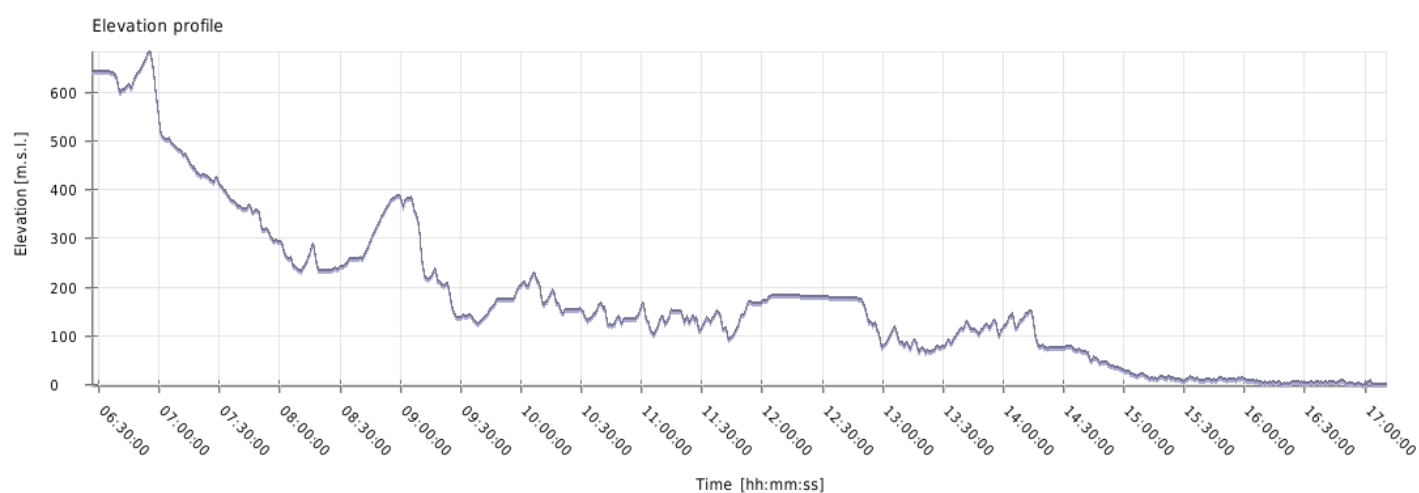
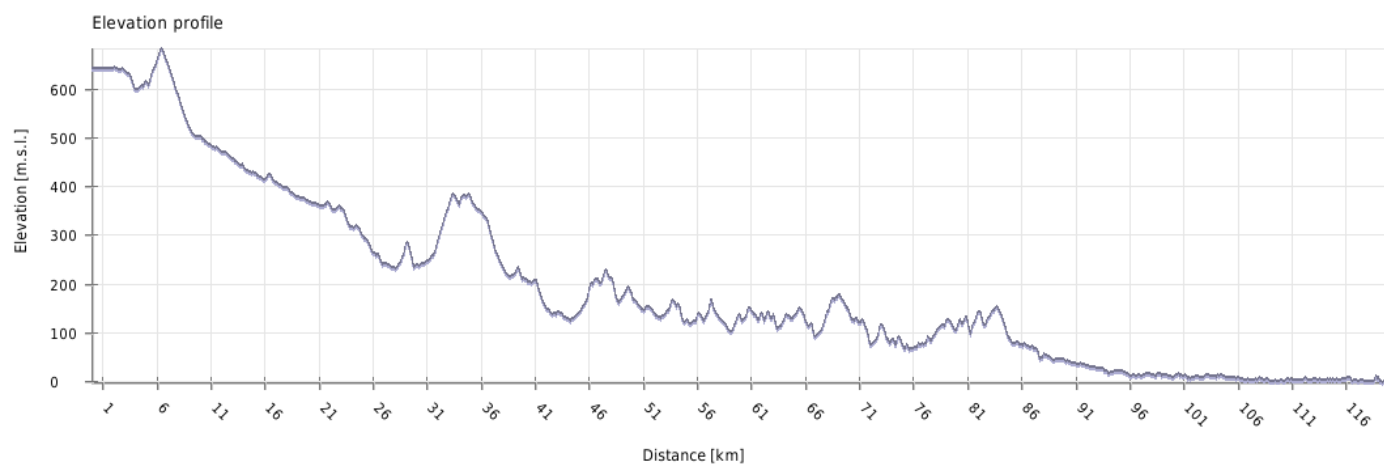
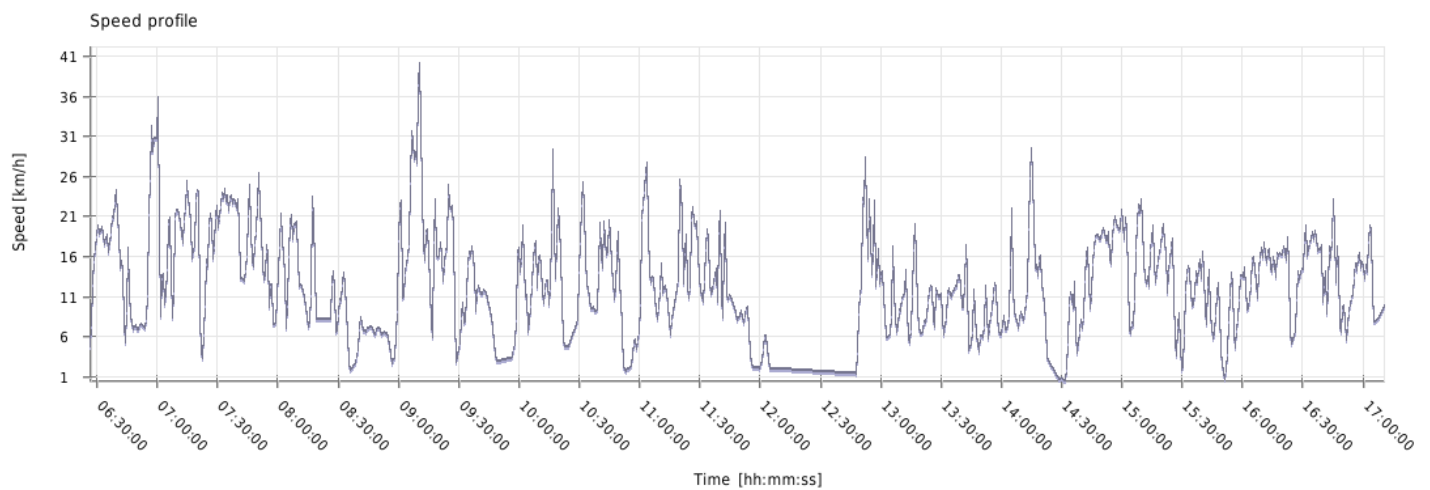
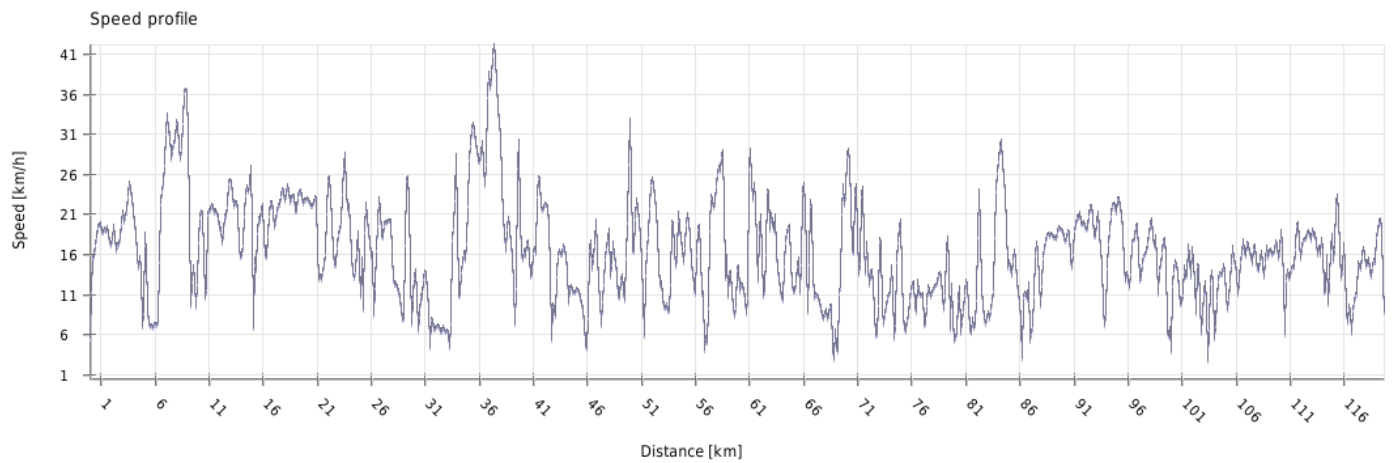


Elevation



Minimum elevation:	-2 m.s.l.
Maximum elevation:	682 m.s.l.
Average elevation:	183.7 m.s.l.
Maximum difference:	684 m
Total climbing:	1848 m
Total descent:	2489 m
Start elevation:	641.1 m.s.l.
End elevation:	0 m.s.l.
Final balance:	-641.1 m

Speed

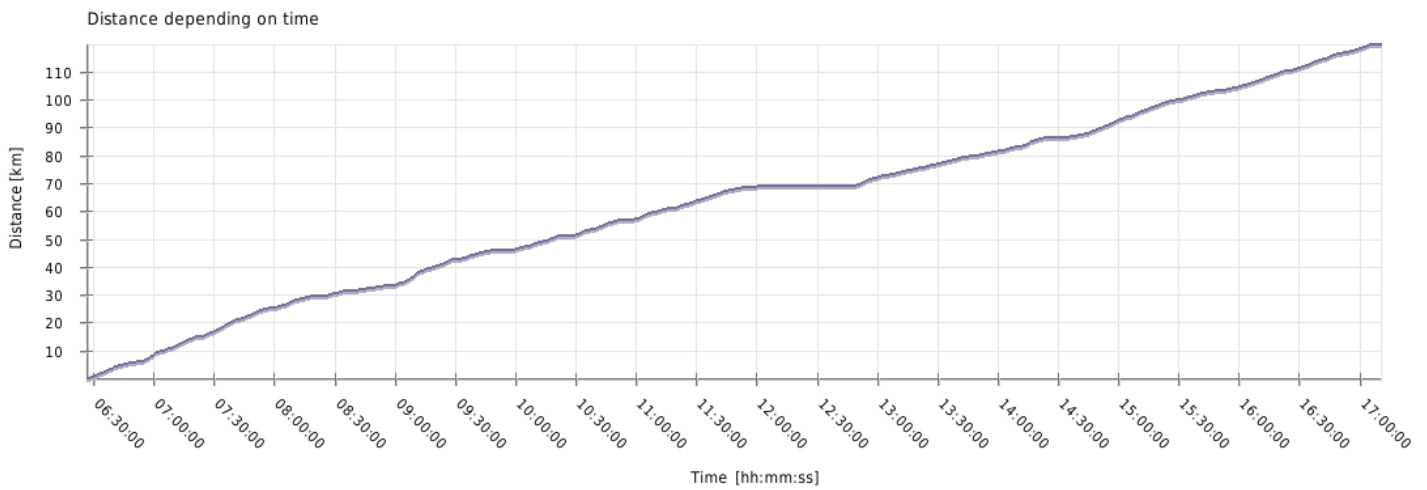


Minimum speed:	0.5 km/h
Maximum speed:	42.1 km/h
Average climbing speed :	10.8 km/h
Average descent speed :	18.7 km/h
Average flat speed:	15.1 km/h
Average speed:	14.5 km/h

Time

Date of track:	19.4.2011
Start time:	06:25:51
End time:	17:10:41
Total track time:	10h 44m 50s
Climbing time:	4h 03m 09s
Descent time:	3h 40m 53s
Flat time:	3h 00m 48s

Distance



Total flat distance:	119.5 km
Total real distance:	119.7 km
Climbing distance:	37 km
Descent distance:	51.6 km
Flat distance:	31.1 km